corrections lifeskills

COURSE OVERVIEW

Minor in Possession

✓ Available in workbook
✓ Available in eLearning

ITEM # W 125

COURSE DESCRIPTION

The course intervenes in the faulty thinking processes that allows minors in possession to possess and use illegal substances.

Most people don't become fully cognizant until age 25. This lack of self-awareness and proper thinking is a major contributor to minors in possession and their problems. Unlawful use of drugs and alcohol are just symptoms of deeper faulty thinking errors. The goal of this course is to help minors get through this stage in their life and become responsible adults. If we never change faulty thinking, we can never change faulty behavior.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Self-awareness
- Decision-making skills
- Identify and overcome rationalization
- Drug and alcohol education

RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a peer or mentor
- **Group**—To be completed in a group setting with a facilitator
- **Hybrid**—Combination of self-directed and group instruction
- **Blended Learning**—Combination of online & offline curriculum

CRIMINOGENIC NEEDS MET

1. Antisocial cognition
2. Antisocial companions
3. Relationships
4. Substance abuse

COURSE INFORMATION

Course Format: eLearning and Printed Workbook
eLearning Length: 168 Slides
Scientific Model: Cognitive Restructuring
Author and Publisher: ACCI Lifeskills

Item Number: W 125
Workbook Pages: 24
Course Length: 6–8 hours

COURSE CONTENT

UNIT 1: BRENDA
Life is a space of time to make correct choices.

UNIT 2: SE'MION
Casual use can lead to addiction.

UNIT 3: CAPTIVITY VS FREEDOM
Growth or decay is a choice!

UNIT 4: DRIVING
A recipe for disaster.

UNIT 5: COGNITIVE THOUGHTS
Be careful what you think; you could be wrong!

UNIT 6: SKILLS FOR LIFE
Ten life skills to improve the quality of life.

UNIT 7: LEADING & MANAGING LIFE
Proactive vs. reactive.

PURCHASE OPTIONS

1. License to reprint
2. Individual courses
3. Customized eLearning platform
4. Parent enrollment
5. School referral

eLEARNING ACTIVITIES

- Self-assessments
- Scenario-based learning
- Application and skill building
- Self-reflection
- Role playing
- Discussion with coach
- Focused journaling